

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	64	Verschoren	Pieter	Schriek	M1	MAS+35	Kapsalon Luc	00:14:06	19.28	03:06
2	113	Van Baelen	Ruben		M2	MIN	ROBA	00:14:37	18.6	03:13
3	65	Wouters	Chriske	Diest	M3	MAS+50	MAES SQM Running t...	00:15:19	17.75	03:22
4	46	Heremans	Mil	Heist o/d Berg	M4	SCH	AVZK	00:15:33	17.48	03:25
5	90	Gysemans	Dave	Wiekevorst	M5	MAS+35	Team Wikkeveust	00:15:39	17.37	03:27
6	101	Haile Andemicael	Isack	Heist o/d Berg	M6	MAS+35	AVZK	00:15:55	17.08	03:30
7	118	Sleeckx	Godwin	Heist o/d Berg	M7	CAD	AVZK	00:16:03	16.93	03:32
8	105	Perdieus	Joeri	Langdorp	M8	SEN	Veldklas	00:16:06	16.88	03:33
9	76	Hendrickx	Stijn	Berlaar	M9	MAS+35		00:16:08	16.85	03:33
10	117	Sleeckx	Gijsbrecht	Heist o/d Berg	M10	MAS+40	AVZK	00:16:12	16.78	03:34
11	147	Vandervorst	Edwin	Steenokkerzeel	M11	MAS+35	AC Kortenberg	00:16:16	16.71	03:35
12	96	Laporte	Vincent	Booischtot	M12	SEN	ROBA	00:16:17	16.69	03:35
13	109	Geuens	Stefan	Herselt	M13	MAS+35	JMT Mol	00:16:35	16.39	03:39
14	120	Raeymaekers	Lars	Hulshout	M14	JUN	AC Hulshout	00:16:39	16.32	03:40
15	30	Claes	Jesse	Booischtot	M15	SEN		00:16:47	16.19	03:42
16	89	Van Bael	Tim	Hallaar	M16	SEN		00:16:49	16.16	03:42
17	116	Van Der Hoeven	Guy	Schriek	M17	MAS+40		00:16:53	16.1	03:43
18	127	Van Aelst	Kobe	Heist o/d Berg	M18	JUN	AVZK	00:16:54	16.08	03:43
19	68	Nevelsteen	Kristof	Heist o/d Berg	M19	MAS+35	AVZK	00:17:08	15.86	03:46
20	99	Laporte	Sten	Heist o/d Berg	M20	MAS+35	AVZK	00:17:21	15.67	03:49
21	50	Peeters	Jimmy	Begijnendijk	M21	MAS+40	Sportiva Gelrode	00:17:25	15.61	03:50
22	129	Hus	Martijn		M22	SEN	V Mol	00:17:30	15.53	03:51
23	123	Verlinden	Julie	Kortrijk-Dutsel	V1	SEN	Kapsalon Luc	00:17:33	15.49	03:52
24	131	Vander Sande	Thomas	Houtvenne	M23	SEN		00:17:36	15.44	03:53
25	98	Liekens	Vicky	Heist o/d Berg	V2	MAS+35	Race & Raise	00:17:38	15.41	03:53
26	114	Grietens	Robin	Tremelo	M24	SEN	SK Diamant	00:17:41	15.37	03:54
27	86	Beynaerts	Kim	Begijnendijk	M25	MAS+35	ROBA	00:17:42	15.36	03:54
28	153	Tops	Mats	Houtvenne	M26	CAD	KFC Houtvenne	00:17:44	15.33	03:54
29	152	Vleugels	Cas	Westerlo	M27	CAD	Houtvenne	00:17:46	15.3	03:55
30	59	Vanderhoeft	Bert	Booischtot	M28	MAS+40		00:17:49	15.26	03:55
31	85	Lambrechts	Maarten	Booischtot	M29	SEN	AVZK	00:18:03	15.06	03:59
32	84	Helsen	Robin	Beerzel	M30	JUN	AVZK	00:18:08	14.99	04:00
33	91	Helsen	Wim	Beerzel	M31	MAS+50	AVZK	00:18:11	14.95	04:00
34	38	Derdin	Simon	Houtvenne	M32	JUN	AVZK	00:18:20	14.83	04:02
35	71	Lemmens	Steve	Langdorp	M33	MAS+45	AVZK	00:18:25	14.76	04:03
36	97	De Wyngaert	Dorien	Baal	V3	MAS+35		00:18:32	14.67	04:05
37	7	De Winter	Murielle	Heist o/d Berg	V4	MAS+45	DCPP/Berglopers	00:18:38	14.59	04:06
38	92	Sanders	Milan	Hallaar	M34	JUN	AVZK	00:18:42	14.53	04:07
39	140	Caers	Geert	Geel	M35	MAS+55	ACHL	00:18:51	14.42	04:09
40	133	Van Campenhout	Dave	Schriek	M36	MAS+40	RAM	00:19:00	14.31	04:11
41	136	De Raet	Kris	Hulshout	M37	MAS+40	KDR	00:19:02	14.28	04:12
42	132	Van Campenhout	Luc	Hombeek	M38	MAS+65	RAM	00:19:07	14.22	04:13
43	36	De Cock	Nico	Baal	M39	MAS+45		00:19:09	14.19	04:13
44	47	Heylen	Bart	Heist o/d Berg	M40	MAS+55	AVZK	00:19:17	14.1	04:15
45	79	Huybrechts	Anna	Putte	V5	CAD	AVZK	00:19:26	13.99	04:17
46	63	Vermeulen	Lauren	Booischtot	V6	SEN		00:19:29	13.95	04:18
47	134	Verherstraeten	Nick	Averbode	M41	MAS+35	De Dorpspomp	00:19:55	13.65	04:23
48	45	Henderickx	Sander	Booischtot	M42	SCH	AVZK	00:20:09	13.49	04:26
49	121	Storms	Alex	Glabbeek	M43	MAS+55	De Cock	00:20:17	13.4	04:28
50	137	Naets	Ivo	Itegem	M44	MAS+60	AVZK	00:20:28	13.28	04:31

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51	126	Van Aelst	Linde	Heist o/d Berg	V7	SEN	AVZK	00:20:35	13.2	04:32
52	51	Ruelens	Peter	Geel	M45	MAS+55	JMT	00:20:44	13.11	04:34
53	27	Bastiaens	Nancy	Hulshout	V8	MAS+40	AVZK	00:20:50	13.05	04:35
54	111	De Proost	Steven	Betekom	M46	MAS+45	Sportiva Gelrode	00:20:51	13.04	04:36
55	125	Wijns	Geert	Heist o/d Berg	M47	MAS+50	DAMI	00:20:58	12.96	04:37
56	103	Gybels	Eddy	Begijnendijk	M48	MAS+55		00:21:02	12.92	04:38
57	29	Cambré	Sandra	Herentals	V9	MAS+45		00:21:04	12.9	04:39
58	43	Goyvaerts	Nico	Ramsel	M49	MAS+50		00:21:08	12.86	04:39
59	108	Rits	Jonas	Hulshout	M50	CAD	AVZK	00:21:12	12.82	04:40
60	110	Van Roosendael	Simen	Booischoot	M51	SEN		00:21:20	12.74	04:42
61	72	Sterckx	Mateja	Nijlen	V10	MIN		00:21:21	12.73	04:42
62	115	Van der Hoeven	Hanne	Schriek	V11	SCH		00:21:26	12.68	04:43
63	78	Van Den Broeck	Dorien	Begijnendijk	V12	MAS+35		00:21:37	12.57	04:46
64	62	Verlinden	Timo	Booischoot	M52	CAD	AVZK	00:21:39	12.55	04:46
65	144	Verschaeren	Tegge	Heist o/d Berg	M53	CAD	AVZK	00:21:41	12.53	04:47
66	112	Van der Sanden	Emma	Wiekevorst	V13	PUP	AVZK	00:21:47	12.48	04:48
67	23	Van Loo	Alfons	Hallaar	M54	MAS+60	DCPP/Berglopers	00:21:58	12.37	04:50
68	58	Van Roi	Mattis		M55	CAD		00:22:01	12.35	04:51
69	35	D'Helft	Noah		M56	MIN	AVZK	00:22:09	12.27	04:53
70	128	Hus	Rudy	Mol	M57	MAS+55	Vabco Mol	00:22:11	12.25	04:53
71	77	Janssens	Sven	Testelt	M58	SEN	ROBA	00:22:18	12.19	04:55
72	94	Sanders	Jasper	Hallaar	M59	CAD		00:22:20	12.17	04:55
73	124	Wijns	Pascal	Schriek	M60	JUN	DAMI	00:22:30	12.08	04:58
74	93	Van Vaerenbergh	Johan	Schriek	M61	MAS+55		00:22:45	11.95	05:01
75	49	Neefs	Bert	Gelrode	M62	MAS+55	Sportiva Gelrode	00:22:48	11.92	05:01
76	55	Staquet	Jesse	Aarschot	M63	SCH		00:22:52	11.89	05:02
77	154	Vekemans	Ellen	Booischoot	V14	MAS+40	AVZK	00:22:55	11.86	05:03
78	135	Verheyden	Gunther	Bekkevoort	M64	MAS+45		00:22:57	11.84	05:03
79	81	Heylighen	Freddy	Begijnendijk	M65	MAS+60		00:23:01	11.81	05:04
80	146	Habels	Mario		M66	MAS+45		00:23:12	11.72	05:07
81	106	Croonen	Eddy	Ramsel	M67	MAS+55	Kapsalon Luc	00:23:25	11.61	05:10
82	143	De Heel	Michiel	Hallaar	M68	MIN	AVZK	00:23:32	11.55	05:11
83	12	Op de Beeck	Stijn	Ramsel	M69	MAS+40	Heitse Berglopers	00:23:43	11.46	05:14
84	74	Nijs	Marc	Herentals	M70	MAS+65		00:23:47	11.43	05:15
85	20	Uytterhoeven	Peter	Tremelo	M71	MAS+50	DCPP/Berglopers	00:23:51	11.4	05:15
86	95	Bierinck	Tim	Bouwel	M72	MAS+40		00:24:01	11.32	05:18
87	80	Huybrechts	Sara	Putte	V15	MIN	AVZK	00:24:11	11.24	05:20
88	17	Schepers	Geert	Booischoot	M73	MAS+45	DCPP/Berglopers	00:24:15	11.21	05:21
89	75	Van Den Dries	Katrien	Berlaar	V16	MAS+40		00:24:27	11.12	05:23
90	61	Verhaegen	Katrien	Begijnendijk	V17	MAS+40		00:24:29	11.1	05:24
91	119	Goovaerts	Stella	Ramsel	V18	MAS+40	Berglopers	00:24:38	11.03	05:26
92	31	Claes	Onah	Keerbergen	V19	PUP	AVZK	00:25:10	10.8	05:33
93	130	Nys	Yunry	Aarschot	M74	SEN		00:25:18	10.74	05:35
94	48	Laeveren	Pauline	Heist o/d Berg	V20	MIN	AVZK	00:25:22	10.71	05:35
95	151	Deviere	Elisabeth		V21	MAS+40	AVZK	00:25:24	10.7	05:36
96	83	Van Lier	Caroline	Schriek	V22	SEN	Schriekse Tigjers	00:25:27	10.68	05:37
97	82	Van Der Roost	Steven	Schriek	M75	SEN	Schriekse Tigjers	00:25:29	10.67	05:37
98	15	Nagels	Ann	Schriek	V23	MAS+45	DCPP/Berglopers	00:25:42	10.58	05:40
99	9	Heremans	Miet	Heist o/d Berg	V24	MAS+45	DCPP/Berglopers	00:25:47	10.54	05:41
100	73	Roelants	Myriam	Wezemaal	V25	MAS+60		00:26:20	10.32	05:48

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101	57	Van de Weyer	Ann Sofie		V26	SEN		00:26:29	10.26	05:50
102	25	Ameye	Alexandra		V27	JUN		00:26:39	10.2	05:52
103	32	Criem	Dirk	Muizen	M76	MAS+65		00:26:42	10.18	05:53
104	56	Straetmans	Gilbert	Booischoot	M77	MAS+65	AVZK	00:26:59	10.07	05:57
105	122	Vermeulen	Myriam	Hever	V28	MAS+65	Icarus	00:27:07	10.02	05:59
106	42	Goovaerts	Jef	Heist o/d Berg	M78	MAS+70	Berglopers	00:27:17	9.96	06:01
107	87	Houben	Veerle		V29	MAS+45		00:27:38	9.84	06:06
108	13	Luytens	Annick	Heist o/d Berg	V30	MAS+45	DCPP/Berglopers	00:27:44	9.8	06:07
109	44	Henderickx	Lien	Booischoot	V31	CAD	AVZK	00:27:47	9.78	06:07
110	24	Van Opstal	Karel	Ramsel	M79	MAS+75	DCPP/Berglopers	00:27:52	9.75	06:09
111	41	Faes	Victor	Edegem	M80	MAS+70		00:27:54	9.74	06:09
112	145	Dierckx	Marc	Herenthout	M81	MAS+60		00:28:03	9.69	06:11
113	139	Charles	Dries		M82	MAS+45	Ghomel	00:28:10	9.65	06:13
114	88	Lambrechts	Lise		V32	CAD	AVZK	00:28:15	9.62	06:14
115	6	Cleynhens	Karine	Baal	V33	MAS+50	DCPP/Berglopers	00:28:22	9.58	06:15
116	107	Smets	Rene	Heist o/d Berg	M83	MAS+65	AVZK	00:28:33	9.52	06:18
117	39	Dirkx	Lukas	Booischoot	M84	MIN	AVZK	00:28:36	9.5	06:18
118	100	Laporte	Finn	Heist o/d Berg	M85	PUP	AVZK	00:28:37	9.5	06:19
119	148	Dirkx	Jannik	Rillaar	M86	MAS+35		00:28:38	9.49	06:19
120	149	Janssens	Joke	Heist o/d Berg	V34	SEN		00:28:58	9.38	06:23
121	16	Op de Beeck	Suzy	Tremelo	V35	MAS+50	DCPP/Berglopers	00:29:45	9.14	06:34
122	70	Lauwerys	Norbert	Borsbeek	M87	MAS+70		00:29:46	9.13	06:34
123	102	Henderickx	Dries		M88	MIN	AVZK	00:30:02	9.05	06:37
124	104	Pans	Thijs		M89	KAN	AVZK	00:30:03	9.04	06:38
125	8	Gielis	Ellen	Westerlo	V36	MAS+40	DCPP/Berglopers	00:30:26	8.93	06:43
126	69	Mondelaers	Katrien	Begijnendijk	V37	MAS+45	AVZK	00:31:22	8.67	06:55
127	22	Van der Auwerme...	Nicole	Putte	V38	MAS+60	DCPP/Berglopers	00:31:54	8.52	07:02
128	142	Schellens	Annemie	Hallaar	V39	MAS+40	AVZK	00:32:26	8.38	07:09
129	19	Staquet	Anja	Booischoot	V40	MAS+50	DCPP/Berglopers	00:32:39	8.32	07:12
130	11	Janssens	Jos	Heist o/d Berg	M90	MAS+70	DCPP/Berglopers	00:32:41	8.32	07:12
131	5	Bellekens	Ivonne	Heist o/d Berg	V41	MAS+75	DCPP/Berglopers	00:33:14	8.18	07:20
132	14	Mergaerts	Diane	Booischoot	V42	MAS+65	DCPP/Berglopers	00:33:17	8.17	07:20
133	26	Ameye	Koen		M91	MAS+50		00:33:18	8.16	07:21
134	4	Aerts	Willy	Heist o/d Berg	M92	MAS+70	DCPP/Berglopers	00:33:19	8.16	07:21
135	18	Schepers	Huguette	Heist o/d Berg	V43	MAS+65	DCPP/Berglopers	00:33:20	8.15	07:21
136	10	Heymans	Monique	Heist o/d Berg	V44	MAS+65	DCPP/Berglopers	00:33:23	8.14	07:22
137	141	Janssens	Febe	Heist o/d Berg	V45	MIN	AVZK	00:33:59	8	07:30
138	21	Van Den Broeck	Camiel	Booischoot	M93	MAS+70	DCPP/Berglopers	00:34:09	7.96	07:32
139	150	De Roovere	Ken	Heist o/d Berg	V46	MAS+35		00:35:07	7.74	07:45